

Survey on childhood obesity and sports provision for secondary and primary children

Introduction

Southwark Council’s children’s services and education scrutiny committee is doing a review on childhood obesity and sports provision for secondary and primary children and would like to gather the views of parents and carers on this topic.

Scrutiny committees are made up of elected councilors from all political parties as well as parent governor representatives and a head teacher representative. Scrutiny committees make recommendations to on how to improve council and local services.

The scrutiny committee will use the answers to these questions, and other evidence, to write a report making recommendations for improvements.

Section 1: Meals your child eats

1 Does your child eat breakfast before attending school in the morning?

	Child 1	Child 2	Child 3	Child 4
Yes				
No				

If yes, please describe the breakfast you provide?

2 Do you provide a packed lunch for your child?

Yes	
No	

If yes, please describe the pack lunch you provide?

3 Does your child eat a school meal?

	Child 1	Child 2	Child 3	Child 4
Yes				
No				

If yes, how satisfied are you with your child’s school meal provision?
1 to 10 (where 10 is very satisfied and 1 very unsatisfied)

1	2	3	4	5	6	7	8	9	10
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Do you have any comment about school meals?

4 Please tell us what are your child's top three favorite meals you provide at home?

	Child 1	Child 2	Child 3	Child 4
a				
b				
c				

Section 2: Healthy eating and nutrition

5 How satisfied are you that you provide healthy meals for your child?

1 to 10 (where 10 is very satisfied and 1 is very unsatisfied)

1	2	3	4	5	6	7	8	9	10

Do you have any comments?

- 6** Do you think there is enough information available on cooking and nutrition for parents and carers?
1 to 10 (where 10 is very satisfied and 1 is very unsatisfied)

1	2	3	4	5	6	7	8	9	10

- 7** Do you think children learn enough about cooking and nutrition in school?
1 to 10 (where 10 is very satisfied and 1 very unsatisfied)

1	2	3	4	5	6	7	8	9	10

Section 3: Your child's weight

- 8** Is your child?

		Child 1	Child 2	Child 3	Child 4
a	Underweight				
b	A healthy weight				
c	Overweight				
d	Obese				
e	Don't know				

- 9** Are you concerned about your child's weight?

Yes	
No	

10 If you needed help for your child's weight, would you know how to get it?

Yes	
No	

Please tell us if there anything that could be done to make it easier for parents and carers to get help if their child's weight is a problem?

11 Have you ever received any professional assistance to help your child achieve a healthy weight?

Yes	
No	

If so, do you have any comments on the experience?

Section 4: Sports provision for children and young people

12 How satisfied are you with the sports provision for children and young people in school?

1 to 10 (where 10 is very satisfied and 1 is very unsatisfied)

1	2	3	4	5	6	7	8	9	10

Do you have any comments on sports provision in schools?

13 How satisfied are you with the sports provision for children and young people in the community?

1 to 10 (where 10 is very satisfied and 1 is very unsatisfied)

1	2	3	4	5	6	7	8	9	10

Do you have any comments about sports provision in the community?